

Teen Health & Wellness

Home Access

Search for articles about issues essential to teen well-being, including medicine, mental health, nutrition, guidance, and career counseling. You'll also find interactive polls and links to the National 24-hotlines for teens in crisis.

1. Go to **www.bcpl.org**
2. Click on **Information Desk** and **Research Tools**.
3. **Teen Health and Wellness**.
4. **Connect from home**.
User ID: bcpl
Password: bcpl1
5. **Type your search terms** and press Enter
6. You can also Browse by Subject or view the A-Z index.
7. **Click on article title** to view.
Articles contain icons that highlight key information. Some icons are "Call your doctor," "You're not alone," and "Reality Check."

Click on the buttons on the upper left to **print** article or **citation**. You can email the article.

On the left are links to move to specific sections of the article. You can get to **Resources, For Further Reading**, the **Glossary, related articles**, and the **Hotlines**.