Visiting the Boone County Public Library's Sensory Room





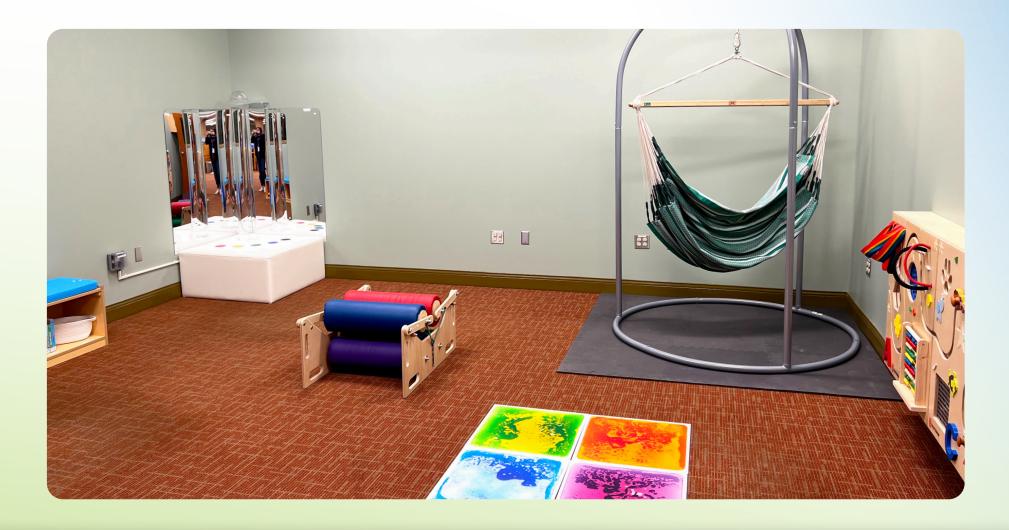
This room is for people who might feel overwhelmed in the Library's public space and want to take a break.



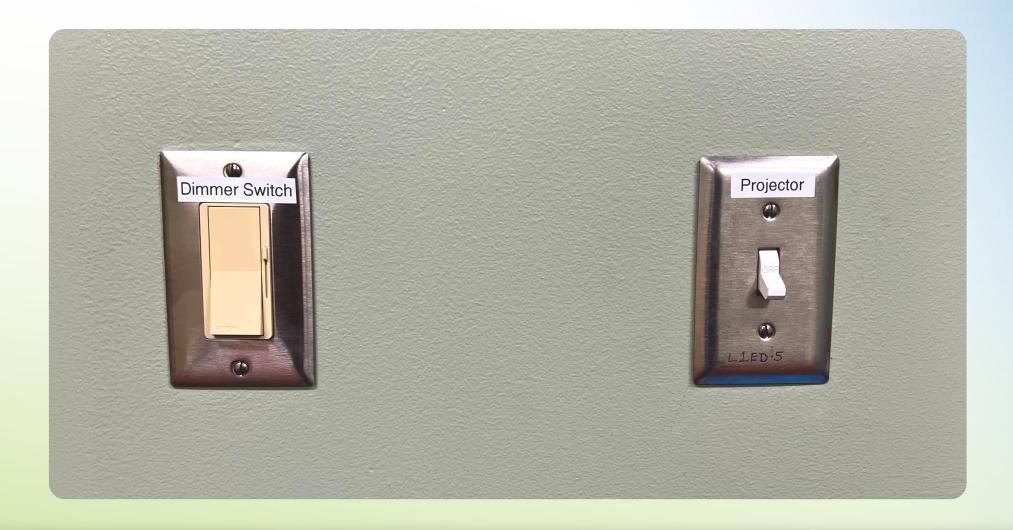
If I need to use the Sensory Room, I can let a Library staff member know. They will unlock the room and show us around.



Library staff will set the Time Timer to 30 minutes. It will tick down quietly. This will help me transition back to my Library visit.



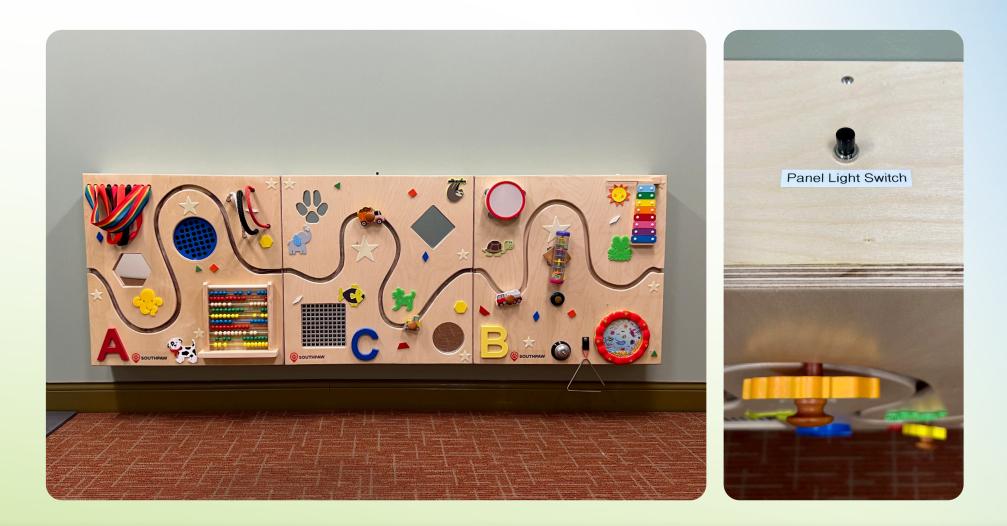
There are many items in the Sensory Room. These items are there to help me.



I can use the switches to dim the lights and turn on the projector.



The projector displays a rotating scenic photo that might help me relax.



The activity wall has items for me to see, touch, and move. I might like the lights, textures, and sounds.



I can sit and swing in the hammock.



I can sit, lay, crash into, or hide underneath the crash pad.



I can push my body through or over the Steamroller®.



The bubbles in the corner could be calming to watch. I can even press the buttons to change the color.



On the floor, I see liquid floor tiles. It might be satisfying to see all of the colors spread around when I touch them or step on them.



There are Riverstones under the bench that I can use if I want to practice my balance.



Under the bench, I will find weighted stuffed animals and a vibrating pillow. Holding the stuffed animals on my lap might make me feel calm. The pillow will vibrate when I squeeze it or sit on it.



There is a white basket with fidget toys inside. These tools might help me relieve stress.



There are puzzles and books under the bench. I can put the puzzle together or read a book while I calm down.



There is a QR code on the door that links to a survey of the Sensory Room. If I want, I can scan it and let the Library know about my experience.



When I am ready to leave the Sensory Room, I can walk out and let the staff know I am finished.

Thank you for visiting the Boone County Public Library!



