









tales' tip

So often when we read for pleasure, our little ones are not around. Let your kids see you enjoying to read. Let them see how reading is something to enjoy. When you model a love of reading to your child, you are nurturing their feelings about reading and motivating them to want to learn to read.

- Every Child Ready To Read

activity

Polar Pals Activity Cards

Create polar activity cards using paper or index cards. Let your child pick a card. You and your child can do the activity on the card. Examples include: Waddle like a Penguin, Walk on Four Legs like a Polar Bear, Stomp Your Feet like a Carabao, Turn Your Head like a Snowy Owl, Wiggle on your Belly like a Harp Seal, and Hop like an Artic Hare. Add or draw pictures to your cards for extra fun.

digital fun

Polar Bear, Polar Bear, What Do You Hear? Sing Along Music For Kids:

> https://www.youtube.com/watch? v=UKAwf1ixWBU

READ

Little Penguin and the Lollipop by Tadgh Bentley

Sergio Makes a Splash! by Edel Rodriguez

A Polar Bear in the Snow by Mac Barnett

Polar Pals by James Roberts

PLAY Iceberg Hop

Lay white, soft, non-slip objects on the floor. Make them close enough for your little one to hop from "iceberg to iceberg." Can you hope from one to the other without stepping off the iceberg? Can you turn around without stepping off? Pretend to be your favorite polar

animal with your child.



When you read, talk with your child. See if your child can make predictions during the story. After reading the story, ask your child what was their favorite part of the story? Be sure to share your favorite part with your child, as well.

SING

Polar Bear (Tune: Mary Had a Little Lamb)

Polar bear walks across the snow. Across the snow, across the snow. Polar Bear walks across the snow, Moving very slow. Polar bear starts to run real fast, Run real fast, run real fast, Polar bear starts to run real fast, Now he's home at last!

I'm a Little Penguin (Tune: I'm a Little Teapot)

l'm a little penguin, White and black. White on my front, And black in back. Look at how I waddle, By the sea. I'm as cute. As I can be!

WRITE

Let you child create art with tissue paper. Encourage them to tear up the tissue paper in little pieces and glue it on paper. Tearing the tissue paper and practicing gluing helps develop fine motor skills. These skills will help them learn to write at school!

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